

NPCC 302 Assignment 4

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Exercise 7

My Cognitive biases:

I am not seen the same as others in position of authority. I'm a step below.

Areas of control regarding people, places, or circumstances:

I control my time and who comes into my house. I am very particular about where I spend my time.

Ways I can reframe biases and control issues:

Surely Goodness and Mercy shall follow me all the days of my life. No matter the upsets in my schedule God's Mercy and Goodness will follow me.

Exercise 9

In your life is there a circumstance or a relationship that you know God allowed you to begin to see from a different perspective so that you change your attitude from negative to positive from harmful to healthy? Nothing? What happened to change your mindset?

Yes. I was listening to an individual in our bible study who dominated the study, took topic in a completely different direction and seemed to have a strong opinion on how people should be living. Instead of being irritated (esp with how I don't like time wasted!), I saw her as a strong, courageous

Recalling my personal example ask yourself "What in my life right now is the Monday - the relationship or circumstance in which I struggle to see anything positive or good?" Write it out.

individual who was excited about God's word. She eventually shared her life story and current fears and I was able to see her in a whole different light really appreciating what she was able to overcome.
My Monday is my cars and financial situation.

What is one particular step you could take to change your mind about this situation?

Having two I could sell one and have money in the bank while allowing someone to have a super cute, inexpensive car.

What would you want to see God do to change this situation?

Lead me to the right mechanic and be able to have a fully functioning vehicle

What would be the most positive life building God honoring mutual edifying way for you to approach this situation?

Thank God I have a car, and in fact two, that I can sell. Clean and appreciate what I have. Ask God for a strategy for a stable vehicle.